

20 Feb 2019

**Prevention of Seasonal Influenza**

Dear Members and Guests,

As Hong Kong is at the peak season for influenza, in response to the Department of Health, the regular cleaning services will be enhanced to ensure good environment hygiene in the clubs.

Members should maintain good personal hygiene for protection against influenza and other respiratory illnesses:

Cover the nose and mouth when sneezing or coughing, and wash hands thoroughly afterwards;

Dispose of soiled tissue paper properly in a lidded rubbish bin;

Put on a surgical mask when respiratory symptoms develop;

Wash hands with liquid soap and water properly whenever possibly contaminated.

Please ask club staff for emergency assistance if you are not feeling well.

Thank you for your kind attention.

**預防季節性流行性感冒**

致各會員及訪客：

鑑於香港正處於季節性流行性感冒高峰期，本會響應衛生署呼籲，將加強各項設施的清潔服務，確保會所內良好的環境衛生。

各會員亦應注意個人衛生，以防感染流感及其他呼吸道疾病：

打噴嚏或咳嗽時應掩着口鼻，其後應徹底洗手；

將染污的紙巾棄置於有蓋垃圾箱內；

如出現呼吸道感染病徵，應佩戴口罩；

雙手一旦染污，應使用梘液和清水以正確方法洗手。

如有不適，可尋求會所職員的協助。

敬希垂注。

**NOTICE**

FROM CLUB MANAGEMENT